

Values Determination

For each value listed below, circle the number or star that best reflects the relative importance of that value to you., **or** write the * or number in the space provided. The numbers have these corresponding meanings:

- * A core value – you know this to be absolutely true for you
- 1. Extremely Important
- 2. Very Important
- 3. Important
- 4. Not Important

Acceptance	*	1	2	3	4	_____
Accomplishment	*	1	2	3	4	_____
Achievement	*	1	2	3	4	_____
Ambition	*	1	2	3	4	_____
Adventure	*	1	2	3	4	_____
Altruism	*	1	2	3	4	_____
Aesthetics	*	1	2	3	4	_____
Autonomy	*	1	2	3	4	_____
Beauty	*	1	2	3	4	_____
Broadmindedness	*	1	2	3	4	_____
Caring	*	1	2	3	4	_____
Challenge	*	1	2	3	4	_____
Comfort	*	1	2	3	4	_____
Cheerfulness	*	1	2	3	4	_____
Clarity	*	1	2	3	4	_____
Collaboration	*	1	2	3	4	_____
Common Sense	*	1	2	3	4	_____
Compassion	*	1	2	3	4	_____
Competence	*	1	2	3	4	_____
Competitiveness	*	1	2	3	4	_____
Commitment	*	1	2	3	4	_____
Communication	*	1	2	3	4	_____
Community	*	1	2	3	4	_____
Companionship	*	1	2	3	4	_____
Confidence	*	1	2	3	4	_____
Connection	*	1	2	3	4	_____
Control	*	1	2	3	4	_____
Contribution	*	1	2	3	4	_____
Cooperation	*	1	2	3	4	_____
Courage	*	1	2	3	4	_____

Courtesy	*	1	2	3	4	_____
Creativity	*	1	2	3	4	_____
Dependability	*	1	2	3	4	_____
Determination	*	1	2	3	4	_____
Discipline	*	1	2	3	4	_____
Diversity	*	1	2	3	4	_____
Duty	*	1	2	3	4	_____
Equality	*	1	2	3	4	_____
Energy	*	1	2	3	4	_____
Enthusiasm	*	1	2	3	4	_____
Excellence	*	1	2	3	4	_____
Excitement	*	1	2	3	4	_____
Fairness	*	1	2	3	4	_____
Fame	*	1	2	3	4	_____
Family	*	1	2	3	4	_____
Forgiveness	*	1	2	3	4	_____
Freedom	*	1	2	3	4	_____
Friendship	*	1	2	3	4	_____
Fun	*	1	2	3	4	_____
Genuine	*	1	2	3	4	_____
Happiness	*	1	2	3	4	_____
Harmony	*	1	2	3	4	_____
Health	*	1	2	3	4	_____
Helpfulness	*	1	2	3	4	_____
Honesty	*	1	2	3	4	_____
Honor	*	1	2	3	4	_____
Humor	*	1	2	3	4	_____
Independence	*	1	2	3	4	_____
Influence	*	1	2	3	4	_____
Integrity	*	1	2	3	4	_____
Intelligence	*	1	2	3	4	_____
Intimacy	*	1	2	3	4	_____
Intuition	*	1	2	3	4	_____
Joy	*	1	2	3	4	_____
Justice	*	1	2	3	4	_____
Knowledge	*	1	2	3	4	_____
Leadership	*	1	2	3	4	_____
Learning	*	1	2	3	4	_____
Logic	*	1	2	3	4	_____
Love	*	1	2	3	4	_____
Loyalty	*	1	2	3	4	_____
Nature	*	1	2	3	4	_____

Openness	*	1	2	3	4	_____
Order	*	1	2	3	4	_____
Organization	*	1	2	3	4	_____
Passion	*	1	2	3	4	_____
Peace	*	1	2	3	4	_____
Personal Development	*	1	2	3	4	_____
Pleasure	*	1	2	3	4	_____
Playfulness	*	1	2	3	4	_____
Power	*	1	2	3	4	_____
Protection	*	1	2	3	4	_____
Practical	*	1	2	3	4	_____
Privacy	*	1	2	3	4	_____
Recognition	*	1	2	3	4	_____
Relationship	*	1	2	3	4	_____
Relaxation	*	1	2	3	4	_____
Reliability	*	1	2	3	4	_____
Religion	*	1	2	3	4	_____
Respect	*	1	2	3	4	_____
Responsibility	*	1	2	3	4	_____
Risk	*	1	2	3	4	_____
Romance	*	1	2	3	4	_____
Rules	*	1	2	3	4	_____
Savor	*	1	2	3	4	_____
Security	*	1	2	3	4	_____
Self-Expression	*	1	2	3	4	_____
Self-Respect	*	1	2	3	4	_____
Serenity	*	1	2	3	4	_____
Service	*	1	2	3	4	_____
Sexuality	*	1	2	3	4	_____
Smart	*	1	2	3	4	_____
Spirituality	*	1	2	3	4	_____
Strength	*	1	2	3	4	_____
Trust	*	1	2	3	4	_____
Truth	*	1	2	3	4	_____
Understanding	*	1	2	3	4	_____
Variety	*	1	2	3	4	_____
Vitality	*	1	2	3	4	_____
Wealth	*	1	2	3	4	_____
Wisdom	*	1	2	3	4	_____

